

Winter sports are well under way here at Oswego East. We look forward to an exciting finish to the season and the start of a successful 2010!

Over the holidays, the girls' basketball team hosted the Wolves Winter Classic. For four days 16 varsity girls' teams competed for the championship. The eventual winner was West Chicago High School with the Wolves coming in the 3<sup>rd</sup>. Our varsity boys were also in action at the East Aurora holiday tournament. They took second place to a tough Peoria Central team. On our lower levels, the sophomore boys placed second at the Glenbard East tournament with the freshman boys taking first. Our sophomore girls' team was the consolation champions of the Ottawa holiday tournament.

Girls and boys' bowling are still continuing with their seasons and have had some outstanding performances. The boy's bowling team has posted 4 conference wins. Also, Mike Cherven bowled a 730 series against Plainfield North. The girls' team over the winter break took second in both tournaments they participated in. We have also had some exciting news from our varsity wrestling team. They had the highest finish ever at the Lake Park invite, swept a quad at LaSalle Peru, and F/S wrestling finished 2<sup>nd</sup> at the DeKalb tournament. With the varsity sweep in LaSalle, they have now recorded the most dual wins in school history. Finally, our boys swimming team finished strong at the Aqua Pentathlon this past weekend.

We would like to thank all of our parents for their support throughout the year and are once again asking for your help. To enable our athletes and our athletic programs to become more successful, we have created an after school conditioning program for those athletes who are between seasons. We are expecting our varsity athletes who are currently not competing in a sport to take advantage of this program. We have designed sport specific workouts to develop our athletes and give them the competitive edge. Supervised conditioning occurs after school on M, T, Th and F. of each week. Please encourage your athlete to attend.

As we move further into the winter season, please remember to register yourself with [highschoolsports.net](http://highschoolsports.net) to stay current with any schedule changes we might be making.

Another web based program the athletic department has to offer is **Corecoursegpa.com**. This program will help you track your athlete's core course GPA and help you prepare them for the world of collegiate athletics. It is free to all Oswego East parents and students. All division I, II and III colleges will be looking for this GPA information when recruiting athletes. This website also includes NCAA recruiting information. Students should see their counselor or the athletic department for more details.

Finally, the athletic department would like to remind everyone of the following upcoming events:

- Jan. 12 – Boys' bowling vs Oswego High School
- Jan. 14 – Girls' Bowling vs Oswego High School
- Jan. 22 – Boys' winter sports Senior Night

Jan. 28 – Boys’ and girls sophomore basketball vs Oswego High School  
Jan. 28 - Boys’ and girls varsity basketball vs Oswego High School  
\*Feb. 1 – All Sports Booster meeting @ 7 pm  
Feb. 5 – Girls’ winter sports Senior Night  
Feb. 10 – Boys’ basketball @ the United Center  
Feb. 22 and 25 – Girls’ sectional basketball hosted @ OEHS

\* - All booster meetings are held at OEHS in the teacher’s lounge