

# **GRADING POLICIES**

**P.A.R. GRADE:** P.A.R. stands for **Participation, Attitude and Responsibility**. Class participation is an integral part of Physical Education and an important factor in the grading process. An extension of attitude is the student's ability to display such personal traits as cooperation, teamwork, respect for others and sportsmanship. Responsibility is the ability to be prepared each day for the scheduled activity and to be punctual to class. **Every student starts with 50 points in the category;** points will be deducted for the following infractions:

## **ATTENDANCE/TARDY DEDUCTIONS**

- Truancy (-20 points)
- No written assignments submitted for in-school or out of school suspensions (-20 points)
- Unexcused absence (-10 points)
- Tardy (-5 points)
- Late to roll call (-5 points)

## **PARTICIPATION DEDUCTION**

- Not prepared for activity (-20 points)
- Lack of effort (-10 points)
- Not fulfilling daily warm-up requirement prior to activity (-5 points)

## **UNIFORM DEDUCTION**

The Required Oswego Physical Education Uniform is: Gray "Oswego Physical Education" T-shirt, Navy Blue "Oswego Physical Education" Shorts, White Socks, Gym Shoes that lace up, Navy Blue Sweats or Navy Blue Sweatshirts may be worn when outside and weather is cool.

- Incomplete uniform (-5 points)
- Torn or dirty uniform (-5 points)
- Wearing another's uniform (-5 points)

The second area to be evaluated is skill in the activity. The student is evaluated on his/her ability to perform fundamentals associated with the activity. **Twenty points** are included in this part of the grade.

23-25 points = **A**

20-22 points = **B**

18-19 points = **C**

15-17 points = **D**

15 or less points = **F**

The third category is knowledge of the activity. A written test will be given for each activity. The test will be worth **twenty points**. The test will include questions about the activity as well as physical fitness terminology and concepts.

During each term there may be several units of instruction. Each unit will be worth 100 points. The instructor will dictate total points. The **final examination** is worth 10 points. Part of the test will be written and part of the test will be a physical fitness exam covering repeated exercises and cardiovascular activities repeated every day in class. These tests measure muscular strength, muscular endurance, flexibility and cardiovascular endurance.

**THE PHYSICAL EDUCATION/KINETIC WELLNESS DEPARTMENT  
GRADING SCALE IS:**

98%-100% A+	87%-89% B+	77%-79% C+	66%-69% D+
94%-97% A	83%-86% B	73%-76% C	63%-65% D
90%-93% A	80%-82% B	70%-72% C	60%-62% D-

---

**Return this page to your Physical Education teacher.**

I have read and understand the course expectations and grading policies described.

Student

Signature\_\_\_\_\_

Parent/Guardian

Signature\_\_\_\_\_ Date\_\_\_\_\_

**Oswego High School**