

Cross Country 2009 – Schedule

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
30	31 Practice 3-4:30	September 1 Practice 3-4:30 Parent Meeting @ 5:00 p.m.	2 Study Hall 3:00-4:15 Practice 4:15-5:15	3 Practice @ Old Post 3-4:30 (transportation will be provided – time subject to change)	4 Practice 3-4:30 Fall Sports Portrait	5
6	7 NO PRACTICE Labor Day	8 Athletic Fee Due Meet Aurora @ Lincoln Park	9 Study Hall 3:00-4:15 Practice 4:15-5:15	10 Early Dismissal Meet Home @ Old Post	11 Practice 3-4:30	12 Meet @ Parkside Normal - Buses depart @ 5:30 a.m.
13	14 Practice 3-4:30	15 Meet Home @ Old Post	16 No Practice	17 Meet @ Sandwich	18 Practice 3-4:30	19 Troy Invitational - Buses depart @ 7:00 a.m.
20	21 Practice 3-4:30	22 Meet Yorkville Simmons @ Harris Forest Preserve	23 Study Hall 3:00-4:15 Practice 4:15-5:15	24 Meet @ Traughber	25 Practice 3-4:30	26 Tiger Trail @ Thompson – Time TBA
27	28 Practice 3-4:30	29 Meet Home @ Old Post	30 Practice 3-4:30	October 1 Practice 3-4:30	2 Practice 3-4:30	3
4	5 Meet @ Thompson	6 No Practice	7 Practice 4:15-5:15	8 Conference Meet @ Traughber	9 Practice 3-4:30	10 Sectional @ Troy, Shorewood Time-TBA
11	12 No School No Practice	13 Practice - TBA	14 Practice - TBA	15 Practice - TBA	16 Practice - TBA	17 IESA Final @ Parkside, Normal Time - TBA
18	19	20	21 Fall Sports Banquet – 6:00	22	23	24

Printfree.com [Printable Calendars](#)

*** See Plank Athletics Home Page for Team Information.
Schedule subject to change. See Plank Home Page for any changes or updates.